

A photograph of a tall, modern building with a white facade and green accents. The building features a large cross on its upper section and a tall, narrow window with colorful stained glass. The text "Physical Education" is overlaid in the center. The building is identified by Chinese and English text as St. Joseph's Catholic Church and St. Joseph's Anglo-Chinese Primary School. The image is framed by colorful geometric patterns at the top and bottom.

# Physical Education

天主敬聖若瑟堂  
聖若瑟英文小學  
ST. JOSEPH'S CATHOLIC CHURCH  
ST. JOSEPH'S ANGLO-CHINESE PRIMARY SCHOOL



## Objectives:

Develop motor skills, acquire necessary knowledge through physical activities and cultivate positive values and attitudes for the development of an active and healthy lifestyle.

Acquire good health, physical fitness and bodily coordination through participating regularly in physical activity.

## Sports Demonstration

Encouraging students to learn different sports. Develop students' potential.



## Sports Day

Motivating students to apply skills they have learnt through participating in different competition and enhancing their self-esteem.

Promoting peer-to-peer recognition and respect.



## Swimming Gala

Motivating students to apply skills they have learnt through participating in different competition and enhancing their self-esteem.

Promoting peer-to-peer recognition and respect.



## Outdoor Learning Day

Trying student's best in completing physical fitness tests and measurements and achieving the goals set.

Encouraging students to learn as well as to use English outside the English Lessons and help them integrate the Learning of the use of English in their daily lives.

